

# Adaptive Communications



## What previous participants have said:

*"I did not know how strong my beliefs affected the tone of my voice. I surely hope that my staff will hear my change of heart: people can try things in a different way than me..!"* (Newly Appointed Manager)

*"The truth is, I am more confused and over-aware now about the complexity of communications. I do think this is the best course I was ever on; confusion is my way of really learning new ways"* (Team Leader in Charity)

*"Presenting my message in this group was such a life-changing experience! I never had an audience that really understood what I was trying to say, and I know it was because of my change of words, not because of the lovely people"* (HR-Officer)

## Purpose

Develop your attentiveness to what your audience really needs; gain expertise in various styles to adapt your delivery, without losing sight of your message; be confident when you communicate – every time, regardless with who or how many.

## Who will benefit from attending?

Anybody who wants to increase the impact of their communications.

## What dates and where is it on?

24 Sept & 9 Dec 2015 in Dublin; each day will run from 09:00 – 17:00 with 15 minutes breaks in the morning and afternoon and 1 hour for lunch.

## What will you learn?

- 🌀 How actors develop congruent quality in all their communications: physical, vocal, verbal and emotional
- 🌀 The workings of your voice and how to adapt it to those you communicate with
- 🌀 The workings of your body and how to adapt it to those you communicate with
- 🌀 A simple, effective method to prepare for communications – even last minute
- 🌀 Attentiveness skills to read those you communicate with better – on the spot
- 🌀 Your strongest communication style and which you could develop further
- 🌀 When to use which communication style

## How will you learn?

The morning is learning the methods of good communication and practicing on each other & the afternoon is practicing on actors who will represent your unique challenge. Following the course you will be working with a fellow student to develop your communications further. There will be pre-workshop reading & a pre-reflection questionnaire

## How do I book?

The course fee is €875. Bookings paid before 1<sup>st</sup> September will receive 15% discount. The course fee includes a workbook, lunch and beverages on each day. *For the first 3 and subsequent 2 paid bookings we offer a free place to a registered charity.* Send your name, details and course description to [Caitriona](mailto:Caitriona) for us to send you an invoice.