

Presence for Impact



What previous participants have said:

"Just fantastic. Real leaps of learning: feeling more confident now that I have both external techniques (voice, body, words) as well as internal ones (emotional intelligence) to put myself out there. Thank you, Petra, for creating the safe place to learn this" (Director Pharmaceuticals)

"It was great to get the immediate feedback from others on how you come across – really powerful to know". (Vice-President Finance)

"Presenting my message in this group was such a life-changing experience! I never had an audience that really understood what I was trying to say, and I know it was because of my change of words, not because of the lovely people" (HR-Officer)

Purpose

Attract and keep attention, every time you're present, with purpose. Embody what you stand for, your message. Be fully engaged without losing sight of your intentions. Ensure your audience, your stakeholders remember you and your message long after listening to you for all the right reasons.

Who will benefit from attending?

Anybody who works in and with teams: project teams, manufacturing teams, governance teams, leadership teams, virtual teams...at the core there is no difference once inter-dependent spirit is created.

What dates and where is it on?

25 Sept & 10 Dec 2015 in Dublin; from 09:00 – 17:00 with 15 minutes breaks in the morning and afternoon and 1 hour for lunch.

What will you learn?

- 🌀 How to radiate Presence with Impact congruently in voice, body, words & emotion
- 🌀 The workings of your voice and using it with Impact
- 🌀 The workings of your body and using it with Presence
- 🌀 A simple, effective method to prepare for important engagements – even last minute
- 🌀 Attentiveness skills to read your audience – on the spot
- 🌀 Be clear about your purpose

How will you learn?

The morning is learning physical, vocal, mental and emotional workings of Presence and practicing on each other & the afternoon is developing your Presence stronger. Following the course you will be working with a fellow student to develop your Presence further. There will be pre-workshop reading & a pre-reflection questionnaire

How do I book?

The course fee is €675. Bookings paid before 1st September will receive 15% discount. The course fee includes a workbook, lunch and beverages on each day. *For the first 3 and subsequent 2 paid bookings we offer a free place to a registered charity.* Send your name, details and course description to [Caitriona](mailto:Caitriona@tobe.ie) for us to send you an invoice.